

NEWSLETTER

May 2023

HSTS Spring Medical Brigade 2023



Dear friends,

We are delighted to share with you the latest updates on our medical outreach efforts in Santa Ana, Colomoncagua, Honduras. Our foundation has been dedicated to improving the health and well-being of those in need, and we are proud to say that we have been making a positive impact in the lives of many.

Recently a team of doctors and students from the University of Houston College of Medicine went down to Santa Ana to provide medical care to the local community. They saw a total of 180 patients and were able to offer medical screenings, vaccinations, and consultations to those who may not have otherwise been able to access these critical services.

In addition to providing direct medical care, we have also been working to educate the community about healthy living and preventative care. Dr. Gregorio and his team have been educating the community on topics such as nutrition, exercise, and mental health, to empower individuals to take control of their health and well-being.



Dr. Winston Liaw and University of Houston Medical Students showing their cougar pride

The U of H medical brigade was also our first university led team to return to Santa Ana since Covid. There was definitely a welcoming atmosphere greeting them when they arrived. Our Board Chair Dr. Winston Liaw, who had an emotional return after a 20 year absence, shares his experience:

“I was impressed by the extent to which the clinic is embraced by the community. They support its mission, view it as their medical home, and want to see it succeed. Dr. Gregorio is a leader in the community, and they hold him in high regard. He is an excellent physician, who cares deeply about his community. We conducted a home visit for a patient with debilitating rheumatoid arthritis. She has been bed-bound and is unable to walk. He purchased methotrexate himself so that she would have a chance at a better life. Patients are using the ancillary services. There were always people seeking care from the dentist, and the laboratory was busy. People are asking for resources to help them take control of their health. The pharmacy is a major draw. The clinic is one of the few places that people can access medications in the area. Ultimately, the community is asking for a broader range of services. During our meeting with leadership of the clinic and the town, they asked for a birthing center and for access to specialists who can deal with eye and heart diseases.”

- Dr. Winston Liaw, Board Chair of Houston Shoulder to Shoulder

We believe that healthcare is a basic human right, and we are committed to ensuring that everyone in the Santa Ana community and surrounding areas has access to quality healthcare services. We are grateful for the support of our donors, volunteers, and partners who have made our outreach efforts possible.

Stay tuned as we look forward to sharing the experience of the CityRise medical mission trip which is returning to Santa Ana at the end of June.

Thank you for your constant support!

Sincerely,

The Houston Shoulder to Shoulder Foundation

Jeff McNear
President and CEO



Volunteers gather together for a debriefing before venturing into the community to assist locals

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